

# IGNITE AB 2019 PACKING LIST

## ITEMS:

- Sleeping bag
- Pillow
- Foamy/Air Mattress – ***We will be sleeping on the floor in classrooms so make sure you have something comfortable to help you sleep well for 5 nights.***
- Towel and wash cloths
- Toiletries (deodorant, soap, toothpaste & toothbrush, shampoo & conditioner, brush, feminine hygiene products, Hair dryer, straightener, etc.)
- Labeled dishes (plate/bowl/cutlery/cup)
- Water bottle
- Hat & sunscreen
- Prayer books (Bible, journal, spiritual reading, etc.)
- Pen & Notebook (for taking notes during talks)
- Medications: Any medications are to be labelled and given to camp nurse during registration.
- Optional: Watch
- Optional: Musical Instruments
- Optional: Sports Equipment (basketball, soccer ball, football, frisbee, etc)

## CLOTHING:

*Please be modest in your choices. The following are not permitted: spaghetti straps, halter-tops, tube tops, “bro-tanks”, short shorts/skirts, or tight-fitting clothes. Appropriate sleeveless shirts are okay – the straps must be the width of a lasagna noodle. If you have any questions about clothing, contact Robyn Pashula at 403-901-7994.*

- T-shirts
- Underwear and socks
- Long sleeved tops
- Sweater or sweatshirt
- Jacket or windbreaker
- Shorts
- Pants
- Pajamas
- Indoor shoes for sports in the gym
- Running shoes for outdoor sports and hiking

## ELECTRONICS:

- Ignite is a **cell phone, iPod, apple watch, tablet, etc, free zone**. We all know how this can be a struggle at times, so the team will be joining in on this requirement as well.
- If you need to bring your cell phone you must leave it with the Ignite director. You will have time at registration to contact your parents and friends to let them know you have arrived safely. We will hold your cell phone in a safe location for the remainder of the week. If you need to make a call/ contact someone you can talk to Jon and he will connect you with your phone.

## DO NOT BRING:

- Drugs or alcohol
- Inappropriate reading material